

Preparedness and Health and Safety Services Instructor Bridging Chart

The following chart provides information how current instructors can bridge from one program to another. Unless noted, no paperwork or separate authorization is given.

Instructor Bridge: An abbreviated instructor course or process for currently authorized American Red Cross instructors who wish to gain instructor certification in a related American Red Cross program. (The instructor bridge is available only where program administrative guidelines allow it and only if specified prerequisites are met.) To be eligible to take an instructor bridge course, the candidate must hold the credentials for bridging that are specified in the administrative requirements for the program to which he or she is bridging.

Note: When there is an option of a self-study or a group orientation, chapter must give the instructors a choice and cannot dictate one over the other.

Currently Authorized Instructors

Emergency Response Instructor

Planning to teach	Bridge Steps and Reference
CPR/AED for the Professional Rescuer	Complete a self orientation to the CPR/AED for the Professional Rescuer course materials and instructor's manual. (If the online or Group Orientation is available, that is recommended, but not required.) (Health and Safety Services Connection 2006-025)
Administering Emergency Oxygen	Lifeguarding and Emergency Response instructors update to the new Administering Emergency Oxygen (r.06) program when they update to the new Lifeguarding program or the Emergency Response Interim Guidance. Lifeguarding and Emergency Response instructors are required to use the new Administering Emergency Oxygen program no later than 6 months after those programs released. <ul style="list-style-type: none"> • Lifeguarding (Health and Safety Services Connection 2006-033) • Emergency Response (interim guidelines January 2007) (Health and Safety Services Connection 2006-024)
Bloodborne Pathogens Training ¹	Review all Bloodborne Pathogens Training: Preventing Disease Transmission participant and instructor materials, including the DVD segments.
Bloodborne Pathogens Training	If using the stand alone materials, complete a self orientation to the Bloodborne Pathogen course materials and instructor's manual. (Health and Safety Services Connection #199)
Lay Responder First Aid and CPR/AED courses	Complete a self-orientation to the appropriate participant and instructor materials, including the DVD segments. First Aid/CPR/AED program (Health and Safety Services Connection 2006-011) First Aid—Responding to Emergencies(Health and Safety Services Connection 2006-013) Sport Safety Training (Preparedness Connection 2004-019 and Interim Guidance)
Blended Learning First Aid/CPR/AED	CPR/AED for Professional Rescuer may teach the CPR/AED courses only; must hold an instructor authorization that includes Red Cross first aid in order to conduct sessions that include first aid skills. In addition to the steps required to bridge to Lay Responder First Aid and CPR/AED, instructors must: <ul style="list-style-type: none"> ▪ Review the <i>American Red Cross First Aid/CPR/AED for the Workplace, Schools and the Community Instructor's Manual – Blended Learning Supplement</i>; and ▪ Be familiar with the online session of the course to answer specific student questions. Instructors and Instructor Trainers can do this either by reviewing the online content on their own or doing it in a group. Content review should be done in the LMS

¹ Only need self orientation if using stand-alone materials.

	training environment (SANDBOX) before conducting the Skills Practice and Assessment session. (Health and Safety Services Connection 2007-026)
Lifeguarding	Pass the Precourse session and complete the Lifeguarding Instructor course. At completion is issued an instructor certificate for Lifeguarding Instructor. (Health and Safety Services Connection 2006-033)
Water Safety and Learn to Swim	Pass the Precourse session and complete the Water Safety Instructor course. At completion Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Water Safety. (Health and Safety Services Connection 2004-08)
Babysitter's Training	Successfully complete the Precourse session and complete the following: 1. Self orientation to the Babysitter's Training Program materials; OR 2. Attend the Babysitter's Training Group Orientation; and 3. Successfully complete the final written exam from the Guide for Training Babysitter's Training Instructors. Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Babysitter's Training. (Health and Safety Services Connection #183)

Lifeguarding Instructor²

Planning to teach	Bridge Steps and Reference
Waterfront Lifeguarding	1. Have a current basic level certificate in Waterfront Lifeguarding. 2. Present certificate to chapter and receive a new Lifeguarding and Waterfront Instructor authorization. 3. Review Lifeguarding Waterfront participant and instructor materials, including the DVD segments Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Waterfront Lifeguarding. ³
Waterpark Lifeguarding	1. Have a current basic level certificate in Waterpark Lifeguarding. 2. Present certificate to chapter and receive a new Lifeguarding and Waterpark Instructor authorization. 3. Review Lifeguarding Waterpark participant and instructor materials, including the DVD segments Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Waterpark Lifeguarding.
GuardStart: Lifeguarding Tomorrow	Review all GuardStart participant and instructor materials, including the DVD segments
Lifeguarding In-service Training	Review all in-service participant and instructor materials, including the DVD segments
Basic Water Rescue	Review all Basic Water Rescue participant and instructor materials, including the DVD segments
Emergency Response	Pass the Emergency Response instructor Precourse session and complete the Emergency Response Instructor's course. At completion Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Emergency Response. (Health and Safety Services Connection #124)
CPR/AED for the Professional Rescuer	Complete a self orientation to the CPR/AED for the Professional Rescuer course materials and instructor's manual. (If the online or Group Orientation is available, that is recommended, but not required.) (Health and Safety Services Connection 2006-025)
Administering Emergency Oxygen	Review all Administering Emergency Oxygen participant and instructor materials, including the DVD segments.
Bloodborne Pathogens Training ⁴	Review all Bloodborne Pathogens Training: Preventing Disease Transmission participant and instructor materials, including the DVD segments.

² Assumes Lifeguard Instructor has completed the revision 2006 updates.

³ If a Lifeguarding instructor has both Waterfront and Waterpark certificates the instructor authorization would be Waterfront and Waterfront Lifeguarding Instructor.

⁴ Only need self orientation if using stand-alone materials.

Water Safety and Learn to Swim	Pass the Precourse session and complete the Water Safety Instructor course. At completion Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Water Safety. (Health and Safety Services Connection 2004-08)
Lay Responder First Aid and CPR/AED courses	Complete a self-orientation to the appropriate participant and instructor materials, including the DVD segments. First Aid/CPR/AED program (Health and Safety Services Connection 2006-011) First Aid—Responding to Emergencies(Heath and Safety Services Connection 2006-013) Sport Safety Training (Preparedness Connection 2004-019 and Interim Guidance)
Blended Learning First Aid/CPR/AED	In addition to the steps required to bridge to Lay Responder First Aid and CPR/AED, instructors must: <ul style="list-style-type: none"> ▪ Review the <i>American Red Cross First Aid/CPR/AED for the Workplace, Schools and the Community Instructor's Manual – Blended Learning Supplement</i>; and ▪ Be familiar with the online session of the course to answer specific student questions. Instructors and Instructor Trainers can do this either by reviewing the online content on their own or doing it in a group. Content review should be done in the LMS training environment (SANDBOX) before conducting the Skills Practice and Assessment session. ▪ CPR/AED for Professional Rescuer (may teach the CPR/AED courses only; must hold an instructor authorization that includes Red Cross first aid in order to conduct sessions that include first aid skills); (Health and Safety Services Connection 2007-026)
Babysitter's Training	Successfully complete the Precourse session and complete the following: <ol style="list-style-type: none"> 1. Self orientation to the Babysitter's Training Program materials; OR 2. Attend the Babysitter's Training Group Orientation; and 3. Successfully complete the final written exam from the Guide for Training Babysitter's Training Instructors. Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Babysitter's Training. (Health and Safety Services Connection #183)
Water Safety Presentations	See Programs that Utilize Leaders

CPR/AED for the Professional Rescuer Instructor

Planning to teach	Bridge Steps and Reference
Emergency Response	Pass the Emergency Response instructor Precourse session and complete the Emergency Response Instructor's course. At completion is issued an instructor certificate for Emergency Response. (Health and Safety Services Connection #124)
Administering Emergency Oxygen	Completing the following the steps: <ul style="list-style-type: none"> • Successfully complete an Administering Emergency Oxygen (r.06) basic-level course (full or challenge). • Obtain and retain the Administering Emergency Oxygen (r.06) instructor's and participant's materials included in the CPR/AED for the Professional Rescuer (r.06) program (or Lifeguarding or Emergency Response when released), or available from your local chapter as an Adobe Acrobat file (Administering Emergency Oxygen (r.06) Instructors manual, with participant skill and information sheets). • Review all participant and instructor materials, including the DVD segments, before conducting a course. (If the online or Group Orientation is available, that is recommended, but not required.) • Complete the update process for the new Administering Emergency Oxygen (r.06) course and submit the upgrade verification form and current basic-level certificate to your local chapter. The instructor's chapter of authorization will issue a new instructor authorization certificate (C3005) indicating CPR/AED for the Professional Rescuer and Oxygen. (Health and Safety Services Connection 2006-024)
Bloodborne Pathogens Training	Complete the following steps: <ol style="list-style-type: none"> 1. Successfully complete the instructor self-study pretest (located on the <i>CPR/AED for the Professional Rescuer Instructor's manual CD-ROM</i>) with a score of 80 percent or higher; AND

	<p>2. Complete a self-orientation to the Bloodborne Pathogens Training: Preventing Disease Transmission products (participant's manual, instructor's guide and video) OR Attend a Bloodborne Pathogens Training: Preventing Disease Transmission Group Orientation. Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Bloodborne Pathogens Training. (Health and Safety Services Connection #199)</p>
Lifeguarding	<p>Pass the Precourse session and complete the Lifeguarding Instructor course. At completion is issued an instructor certificate for Lifeguarding Instructor. (Health and Safety Services Connection 2006-033)</p>
Water Safety and Learn to Swim	<p>Pass the Precourse session and complete the Water Safety Instructor course. At completion Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Water Safety. (Health and Safety Services Connection 2004-08)</p>
Lay Responder First Aid and CPR/AED courses	<p>CPR/AED for the Professional Rescuer Instructors are already eligible to teach the CPR and AED courses from the lay responder-level programs. For more information, see the CPR/AED and First Aid Instructor Authorization Hierarchy. Before teaching the courses, an instructor must:</p> <ul style="list-style-type: none"> • Obtain and retain copies of the appropriate instructor and participant materials for courses taught. • Complete a self-orientation to the program materials, including the DVD segments. (If available, completing the Online Lay Responder First Aid and CPR/AED Instructors Update or group orientation is recommended but not required.) <p>Note: In this case, no verification form needs to be turned into the Chapter, and no additional instructor authorization should be issued.</p> <p>To teach the first aid lessons, complete the following steps:</p> <ul style="list-style-type: none"> • Provide proof of completing a first aid course from the Standard First Aid, Sport Safety Training, or First Aid—Responding to Emergencies course; • Successfully complete a Lay Responder First Aid and CPR/AED instructor course written exam. <p>Once these requirements have been completed, the instructor's chapter of authorization will issue a new instructor authorization certificate (C3005) indicating Lay Responder First Aid and CPR/AED. (Health and Safety Services Connection 2006-025)</p>
Blended Learning First Aid/CPR/AED	<p>In addition to the steps required to bridge to Lay Responder First Aid and CPR/AED, instructors must:</p> <ul style="list-style-type: none"> ▪ Review the <i>American Red Cross First Aid/CPR/AED for the Workplace, Schools and the Community Instructor's Manual – Blended Learning Supplement</i>; and ▪ Be familiar with the online session of the course to answer specific student questions. Instructors and Instructor Trainers can do this either by reviewing the online content on their own or doing it in a group. Content review should be done in the LMS training environment (SANDBOX) before conducting the Skills Practice and Assessment session. <p>CPR/AED for Professional Rescuer (may teach the CPR/AED courses only; must hold an instructor authorization that includes Red Cross first aid in order to conduct sessions that include first aid skills) (Health and Safety Services Connection 2007-026)</p>
Babysitter's Training	<p>Successfully complete the Precourse session and complete the following:</p> <ol style="list-style-type: none"> 1. Self orientation to the Babysitter's Training Program materials; OR 2. Attend the Babysitter's Training Group Orientation; and 3. Successfully complete the final written exam from the Guide for Training Babysitter's Training Instructors. <p>Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Babysitter's Training. (Health and Safety Services Connection #183)</p>

Lay Responder First Aid/CPR/AED Instructor

Planning to teach	Bridge Steps and Reference
Blended Learning First Aid/CPR/AED Program	<ul style="list-style-type: none"> ▪ Review the <i>American Red Cross First Aid/CPR/AED for the Workplace, Schools and the Community Instructor's Manual – Blended Learning Supplement</i>; and ▪ Be familiar with the online session of the course to answer specific student questions. Instructors and Instructor Trainers can

	do this either by reviewing the online content on their own or doing it in a group. Content review should be done in the LMS training environment (SANDBOX) before conducting the Skills Practice and Assessment session. (Health and Safety Services Connection 2007-026)
Emergency Response	Pass the Emergency Response Instructor Precourse session and complete the Emergency Response Instructor's course. At completion is issued an instructor certificate for Emergency Response. (Health and Safety Services Connection #124)
CPR/AED for the Professional Rescuer	Complete the following steps: <ul style="list-style-type: none"> • Meet all course prerequisites, including successful completion of a precourse session with all knowledge and skills that would be assessed in precourse testing for a new instructor course; • Obtain and retain the CPR/AED for the Professional Rescuer participant and instructor materials; • Complete a self orientation to the CPR/AED for the Professional Rescuer course materials and instructor's manual. (If the online or Group Orientation is available, that is recommended, but not required.) • Successfully complete the CPR/AED for the Professional Rescuer Instructor Course final written examination. The instructor's chapter of authorization will issue a new instructor authorization certificate (C3005) indicating CPR/AED for the Professional Rescuer. (Health and Safety Services Connection 2006-025)
Administering Emergency Oxygen	Completing the following the steps: <ul style="list-style-type: none"> • Successfully complete an Administering Emergency Oxygen (r.06) basic-level course (full or challenge). • Obtain and retain the Administering Emergency Oxygen (r.06) instructor's and participant's materials included in the CPR/AED for the Professional Rescuer (r.06) program (or Lifeguarding or Emergency Response when released), or available from your local chapter as an Adobe Acrobat file (Administering Emergency Oxygen (r.06) Instructors manual, with participant skill and information sheets). • Review all participant and instructor materials, including the DVD segments, before conducting a course. (If the online or Group Orientation is available, that is recommended, but not required.) • Complete the update process for the new Administering Emergency Oxygen (r.06) course and submit the upgrade verification form and current basic-level certificate to your local chapter. The instructor's chapter of authorization will issue a new instructor authorization certificate (C3005) indicating Lay Responder First Aid and CPR/AED and Oxygen. (Health and Safety Services Connection 2006-024)
Bloodborne Pathogens Training: Preventing Disease Transmission	Complete the following steps: <ol style="list-style-type: none"> 1. Successfully complete the instructor self-study pretest (located on the <i>First Aid/CPR/AED Instructor's manual CD-ROM</i>) with a score of 80 percent or higher; AND 2. Complete a self-orientation to the Bloodborne Pathogens Training: Preventing Disease Transmission products (participant's manual, instructor's guide and video) OR Attend a Bloodborne Pathogens Training: Preventing Disease Transmission Group Orientation. Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Bloodborne Pathogens Training. (Health and Safety Services Connection #199)
Lifeguarding	Pass the Precourse session and complete the Lifeguarding Instructor course At completion Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Lifeguarding. (Health and Safety Services Connection 2006-033)
Water Safety and Learn to Swim	Pass the Precourse session and complete the Water Safety Instructor course. At completion Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Water Safety. (Health and Safety Services Connection 2004-08)
Babysitter's Training	Successfully complete the Precourse session and complete the following: <ol style="list-style-type: none"> 1. Self orientation to the Babysitter's Training Program materials; OR 2. Attend the Babysitter's Training Group Orientation; and 3. Successfully complete the final written exam from the Guide for Training Babysitter's Training Instructors. Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005)

indicating Babysitter's Training. ([Health and Safety Services Connection #183](#))

Water Safety Instructor

Planning to teach	Bridge Steps and Reference
Babysitter's Training	<p>Successfully complete the Precourse session and complete the following:</p> <ol style="list-style-type: none"> 1. Self orientation to the Babysitter's Training Program materials; OR 2. Attend the Babysitter's Training Group Orientation; and 3. Successfully complete the final written exam from the Guide for Training Babysitter's Training Instructors. <p>Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Babysitter's Training. (Health and Safety Services Connection #183)</p>
Any of the other programs	Complete the appropriate precourse session and instructor's course.

Bloodborne Pathogens Training Instructor

Planning to teach	Bridge Steps and Reference
Babysitter's Training	<p>Successfully complete the Precourse session and complete the following:</p> <ol style="list-style-type: none"> 1. Self orientation to the Babysitter's Training Program materials; OR 2. Attend the Babysitter's Training Group Orientation; and 3. Successfully complete the final written exam from the Guide for Training Babysitter's Training Instructors. <p>Instructors will then receive an American Red Cross Health and Safety Services Instructor Authorization Certificate (C3005) indicating Babysitter's Training. (Health and Safety Services Connection #183)</p>
Any of the other programs	Complete the appropriate precourse session and instructor's course.

Programs that Utilize Leaders

Planning to teach	Bridge Steps and Reference
<ul style="list-style-type: none"> • GuardStart • First Aid and Preparedness – Level I – III • Be Red Cross Ready/Together We Prepare • Family Caregiving • Basic Aid Training • First Aid for Children Today (FACT) • Water Safety Today • General Water Safety • Home Pool Safety • Parent's Orientation to Swim Lessons • Longfellow's WHALE Tales 	<p>Currently authorized instructors, who want to teach these programs, should be knowledgeable about their subject. Refer to the specific leader's guide for each program for additional guidance.</p> <ul style="list-style-type: none"> • Obtain and retain the appropriate leader and participant materials • Complete a self-orientation or attend a group orientation • Submit completed Leader Orientation Verification Form to the Red Cross chapter (the Leader Agreement does not need to be completed). <p>Individuals who are not instructors, who want to teach these programs, should be knowledgeable about their subject. Refer to the specific leader's guide for each program for additional guidance.</p> <ul style="list-style-type: none"> • Obtain and retain the appropriate leader and participant materials • Complete a self-orientation or attend a group orientation • Submit completed Leader Orientation Verification Form and Leader Agreement to the Red Cross chapter. <p>Optional step: Leaders can complete the Fundamentals of Instructor Training course or self-study or the online Red Cross Orientation to become more familiar with Red Cross.</p>

Nationally Approved Chapter Developed Programs

Planning to teach	Bridge Steps and Reference
<p>Wilderness First Aid Basics</p>	<p>Currently Authorized as:</p> <ul style="list-style-type: none"> • Emergency Response Instructor • Lifeguarding Instructor • Lay Responder First Aid/CPR/AED Instructor <p>And have experience in Outdoor Education; or Wilderness First Aid from another organization and complete one of the following:</p> <ol style="list-style-type: none"> 1. Self-study to Wilderness First Aid Basics course materials and instructors manual, or 2. Participate in a Wilderness First Aid Basics group orientation. <p>Instructors will then receive an American Red Cross Health and Safety Services Instructor Certificate indicating Wilderness First Aid Basics.</p> <p><i>In addition to being the source for ordering materials, the Transylvania County Chapter remains the primary contact for questions about course content, course products and instructor training for both <i>When Help Is Delayed</i> and <i>Wilderness First Aid</i>. Contact them at (828) 884-4530.</i></p>